

A Hilarious Inspirational Keynote Speaker Author of the Bestselling Book "Everlasting Optimism"



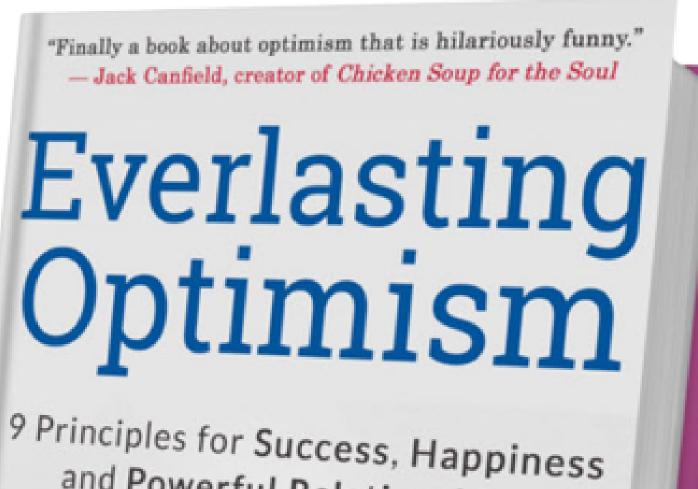
www.deliveringdelight.com

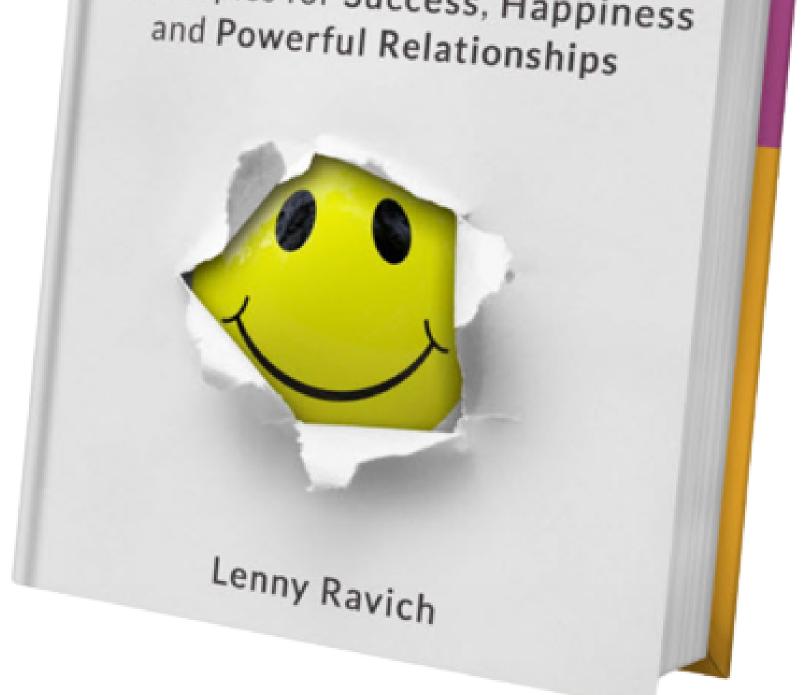


"Finally a book about optimism that is hilariously funny. Brilliant and easy to apply practical recipes for a happier life, charmingly written by an educator and humorist sage." — Jack Canfield, Originator of "Chicken Soup of The Soul" series

> "A life changer. Funny and authentic." — Chip Conley: Founder & CEO of Joie de Vivre Hostels,

"Funny, accessible, and insightful, this book can help you laugh all the way to everlasting happiness." — Tal Ben-Shahar, PhD, author of New York Times best-selling book, "Happier"





2,000+100,000+30,000+**BOOKS SOLD** EVENTS PEOPLE IMPACTED

EVERLASTING OPTIMISM The Joyful Art of Self- Awareness, Wisdom, and Humor

An interactive, inspirational and uplifting keynote/workshop

Would you like to relieve stress, isolation, and online fatigue?

Do you need your managers to listen and lead with more empathy and joy?

Do you want your people to aquire an optimistic and positive vision of the future?

In this motivating engaging, and entertaining session you will learn how to:

• De-stress and manage your fears and frustrations by using humor,

- movment, and self-compassion .
- Bounce forward from mistakes with self-care, peace and creativity.
- Regain inner calm by mastering the ego through self-laughter, optimism, and hope.
- Listen better to your own and others' emotions by increasing selfawareness so you can have more and better choices.

SUPERB! Inspiring sessions with powerful practical tools. Lenny brought on a lot of laughter to our teams in 4 continents!!! The feedback went off the chart. ~ Tan Hwee Bin



Lenny was funny, approachable, and insightful. By the end of the talk, he had us all singing and dancing. Everyone went back to work with a smile on their faces. ~ Daniel Silva



Top 5 Reasons to book Lenny

1. Funny and witty

Lenny's humoristic storytelling and standup comedy skills often result in tears of laughter, allowing the audience to relax, open up, and embraces Lenny's optimistic tools.

2. Engaging & Interactive

Lenny involves and interacts with the audience from the start making them feel heard and included.

3. Inspiring & Motivating

Lenny's audiences leave inspired, motivated, encouraged, and armed with powerful practical tools needed to make a positive change in their lives.

4. Professionalism

Having had years of experience as a Shakespearean actor off Broadway, films, standup comedy, and TV, the characters that Lenny plays in his keynotes come to life with pantomime, voice changes, and amusing dialogues that captivate the spectators.

5. Deep connection with the audience

Lenny has been practicing as a Gestalt Therapist for 28 years. He does not talk AT people but rather MEETS them in a place in their hearts and minds

that they have never been met before. This creates unforgettable and impactful moments.



86 year-old educator, humorist, Gestalt master, and bestselling author Lenny Ravich is considered one of the world's **Gurus of Optimism**. Throughout the pandemic, Lenny keeps teaching, creating, and performing to uplift humanity.



Lenny delivered valuable life lessons while making us laugh to tears. A session you want to run, repeat, reinforce!" ~ Gaurav Sharma





Lenny's excellent performance inspired our board members. It was



- Lenny's workshops were great opportunities for all of our leaders to understand how important is it to "live with life" in the NOW and cultivate happy relationships. ~ Murat Oldach
 - Lenny reminded us of how the simplest of gestures and practices can be a strong tool in solving the most complicated of issues in one's life! His humor and joy of life are infectious! ~ Sanjeev Shukla
- Lenny was the keynote speaker for our Grand Opening. Everyone loved it. He made us laugh, cry and contemplate. What more could we have asked for!! ~Jennifer McLin
- It was an outstanding and unforgettable event. The feedback was this clearly the best evet seminar our station managers worldwide took part in.
 ~ Motty Steinfeld





LA CÔTE TERNATIONAL SCHOOL AUBONNE





IHC